



# TOS Review Course

## Continuing Medical Education

### Information for Learners

#### Accreditation and Credit for Physicians

The TOS Review Course activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Society for Metabolic & Bariatric Surgery (ASMBS) and The Obesity Society (TOS). The ASMBS is accredited by the ACCME to provide continuing medical education for physicians.

The ASMBS designates this live activity for a maximum of 16.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Learning Objectives

- Apply diagnostic/assessment tools to determine which evidence-based treatment is most appropriate for specific patient types as well as develop appropriate behavioral, pharmacological and bariatric approaches to the treatment of patients with obesity.
- Apply the evidence-based options that are available to treat patients with obesity including dietary strategies, physical activity interventions, medications and surgical options. Clearly explain to the patient and implement appropriate approaches to the treatment of patients with obesity.
- Understand the evidence-based factors that predispose patients to weight gain including genetic factors, relevant neuropeptides, alterations in energy expenditure and environmental factors and translate that knowledge into clinical practice in the treatment of patients with obesity.

#### Commercial Support

There was no commercial support for this activity

## Relevant Financial Conflicts of Interest

The following disclosures of relevant financial relationships in accordance with the ACCME's definition of a commercial interest were provided by all persons that affected the content of this CME activity:

### Faculty and Chairs:

Name	Role	2016 Disclosure – Relationship and Name of ACCME-defined Commercial Interest
<b>Aronne, Louis (MD)</b>	Session Speaker	Consultant relationship with Pfizer; Board/Committee Member relationship with Novo Nordisk; Board/Committee Member relationship with Eisai; Board/Committee Member relationship with Rhythm; Board/Committee Member relationship with Ethicon; Board/Committee Member relationship with GI Dynamics; Board/Committee Member relationship with Vivus; Stock relationship with MYOS Corporation; Board/Cmt relationship with MYOS Corporation
<b>Bays, Harold (MD, FTOS, FACC, FACE, FNLA)</b>	Session Speaker	Researcher and speaking relationship with Eisai; Researcher and speaking relationship with Takeda; Researcher relationship with NovoNordisk; Contracted Research relationship with Janssen; Consulting relationship with Janssen; Speakers Bureau relationship with Orexigen
<b>CollazoClavell, Maria (MD)</b>	Session Speaker	No Relevant Financial Relationships
<b>Donahoo, William (MD, FTOS)</b>	Session Speaker, Chair	No Relevant Financial Relationships
<b>Jakicic, John (PhD)</b>	Session Speaker	Contracted Research relationship with Ethicon; Contracted Research relationship with Medtronic Minimally Invasive Therapies
<b>Jensen, Michael (MD)</b>	Session Speaker	Consulting Fee relationship with Novo Nordisk; Consulting Fee relationship with Janssen Pharmaceutical; Contracted Research relationship with Aspire Bariatrics
<b>O'Neil, Patrick (PhD, FTOS)</b>	Session Speaker	Research Support relationship with Novo Nordisk; Consultant relationship with Novo Nordisk; Educational speaker relationship with Novo Nordisk; Consultant relationship with Pfizer;

Name	Role	2016 Disclosure – Relationship and Name of ACCME-defined Commercial Interest
		Consultant relationship with Janssen; Research Support relationship with Orexigen Therapeutics
<b>Tsai, Adam (MD, MSCE, FACP)</b>	Session Speaker, Co-Chair	No Relevant Financial Relationships
<b>Wolfe, Bruce (MD)</b>	Session Speaker	No Relevant Financial Relationships
<b>Woolford, Susan (MD, MPH)</b>	Session Speaker	No Relevant Financial Relationships

**Planners:** No members of the TOS Education Committee reported relevant financial relationships with the exception of the following:

Name	2016 Disclosure – Relationship and Name of ACCME-defined Commercial Interest
<b>Batterham, Rachel L. (MD, PhD)</b>	Speakers Bureau relationship with International Medical Press and Novo Nordisk
<b>Purnell, Jonathan (MD, FTOS)</b>	Consultant relationship with Novo Nordisk, Global Obesity Advisory Board; Contracted Research for Sanofi

**Reviewers:** No members of the TOS CME Oversight Committee, charged with the resolution of all relevant conflicts of interest, reported any relevant financial relationships.